

## PRIMAL SURF - LESSON INFORMATION 2023 SEASON

Sign up at; **Primal Surf**, 3106 Revere Blvd., Brigantine, NJ., or you can call the shop: 609-264-1999. You must sign up in advance and arrive on time for your lesson.

**TEXT ALERTS:** After you book a lesson, we will send out a text alert for the surfing beach location the night before your lesson. We always choose the best location for the surf conditions. **Please check your phone for early morning updates** for the possibility of cancellations or location change due to poor weather or rough surf. We will often make a location change one hour before the start of your lesson.

**Location 1 (The Cove) 5-10 min walk – GPS Map address [Near]: 29 Ocean Drive W., Brigantine NJ, 08203.** Park on Ocean Dr. and walk directly to the beach between the houses and through the dunes. This is a residential neighborhood, so please do not block driveways, and be respectful. We will be on beach with a Black Suburban and surfboard trailer. This location is also 4x4 accessible with a yearly pass.

**Location 2 (Club Drive) 10 min walk – GPS Map address: Club Drive, Brigantine NJ, 08203** Park on Club Drive and walk directly to the beach via the nature trail. Look for the Chevy Suburban and surfboard trailer by the water's edge. **Do not drive onto the beach at this location even with a 4x4 pass. [Instructors and surf school vehicle only]**

**Location 3** We will send an alternate location co-ordinate if locations 1 & 2 are not an option.

**YOUR BOOKED LESSON DATES TIMES & LOCATIONS:** \_\_\_\_\_

### LESSON INFO:

- If you are fair skinned, and need sunscreen, please note: Apply sunscreen before you arrive for your lesson if possible. Wetsuits cover the student to above the elbow and just above the knee, so it's not needed under the suit. Keep it limited on the bottom of the arms and knee tops as it can make the surfboard very slippery. We always start early in the morning before the sun gets too intense.
- Arrive at lesson 15 min. before start time to sign in and suit up.
- Wetsuits: shorty wetsuits provided for all students. We soak our suits in sanitizer and sun dry them after each use.
- Land lesson begins covering surfing fundamentals, such as ocean safety, how to pop up, paddling, positioning, wave catching and falling without getting injured.
- Paddle out to the surf for the rest of your lesson with your instructor assisting you to catch and ride waves..
- Wrap it up at the water's edge. Instructors will help you wrap up your surfboard leash and walk the boards to the trailer.
- Session review with Mike at the board trailer.
- Questions & Answers
- On rare occasions, the ocean is flat with no wave to ride, but we still have a lot to teach you. The lesson will consist of paddling, positioning, pop-ups, balance training, reading the line-up, ocean knowledge and awareness.
- **Each student will receive a discount rental coupon for a softboard rental [\$10 discount]. Pick up and return boards at Primal Surf, 3106 Revere Blvd, Brigantine.**
- **A Parent or Guardian must accompany minors to the lesson and/or board rentals.**
- **Be sure to check out our surf lessons on our website at: [www.psurf.com](http://www.psurf.com)**

**What to Bring:** Towel, sandals, water bottle, something warm to put on after the surf session for cloudy days. Waterproof sunscreen should be applied early to sun sensitive skin parts such as the head, shoulders, and tops of arms. Shorty wetsuits are included in the lesson, and they cover from above the knee to the neck and to above the elbow, so no sunscreen needed there.

**Agess requirements for group surf lessons: 8 to 60 years of age** ~ you must be an adequate swimmer and able to paddle out through the small waves. 6 & 7 year old's are ok for semi-private and private lessons. 5 year old's are ok for private lessons only.

**Interested in purchasing a board?** We have the area's largest selection of softboards to choose from. Please visit our shop. **\*\*\*24 HR. ADVANCE NOTICE FOR CANCELLATIONS OR RE-SCHEDULING NO EXCEPTIONS\*\*\***

**Call Shop: 609-264-1999 or Text Mike's Cell: 609-457-3812**

### CANCELLATION POLICY:

If you don't show up and did not cancel or reschedule your class at least 24 hours in advance, you will not receive a credit or refund. All customer advance cancellations will be issued a class credit, good for the same season. Unused credits can be used as store credit. If you need a refund for a cancellation with proper 24 hr. advance notice, there will be a **cancellation fee of 10% to cover booking fees.** If we cancel your class due to bad weather or extreme surf conditions and you cannot reschedule class in the same season, you can take a class/store credit or get a full refund.