

PRIMAL SURF - LESSON INFORMATION 2021 SEASON

Sign up at; **Primal Surf**, 3106 Revere Blvd., Brigantine, NJ., or you can call or text **Mike at 609-457-3812** You must sign up in advance and arrive on time for your lesson.

TEXT ALERTS: We will send out a text alert for the surfing beach location the night before your lesson. We always choose the best location for the surf conditions. **Please check your phone for early morning updates**, for possibility of cancellations or location change due to poor weather or rough surf. We will often make a location change one hour before the start of your lesson.

Location 1 (The Cove) 5-10 min walk – GPS Map address [near]: 48 Ocean Drive West, Brigantine NJ, 08203 Park on Ocean Dr. and walk directly to the beach via Pepper Cove beach entrance steps. We will be 200 yards to the right [west]. Look for the White Suburban and surfboard trailer on the beach. This location is also 4x4 accessible with a yearly pass.

Location 2 (Club Drive) 5-10 min walk – GPS Map address: Club Drive, Brigantine NJ, 08203 Park on Club Drive and walk directly to the beach via the nature trail. Look for the Chevy Suburban and surfboard trailer by the water's edge. **Do not drive onto the beach at this location even with a 4x4 pass.**



LESSON DATES TIMES & LOCATIONS

LESSON FORMAT:

- If you are fair skinned, and need sunscreen, please note: Apply sunscreen before you arrive for your lesson if possible. Wetsuits cover the student to above the elbow and just above the knee, so it's not needed under the suit. Keep it limited on the bottom of the arms and knee tops as it can make the surfboard very slippery. We always start early in the morning before the sun gets too intense.
- Arrive at lesson 15 min. before start time to sign in and suit up.
- Suit up [shorty wetsuits provided for all students]. We soak our suits in sanitizer and sun dry them after each use.
- Land lesson begins covering surfing fundamentals, such as safety, how to pop up, paddling, positioning, wave catching and falling without getting injured
- Paddle out to the surf for the rest of your lesson with your instructor.
- Wrap it up at the waters edge. Instructors will help you wrap up your surfboard leash and walk the boards to the trailer.
- Session review with Mike at the board trailer.
- Questions & Answers
- On rare occasions, the ocean is flat with no wave to ride, but we still have a lot to teach you. The lesson will consist of paddling, positioning, pop-ups, balance training, reading the line-up, ocean knowledge and awareness.
- **Each student will receive a discount rental coupon for a softboard rental [\$20]. Pick up and return boards at Primal Surf, 3106 Revere Blvd, Brigantine.**
- **A Parent or Guardian must accompany minors to the lesson and/or board rentals.**

What to Bring: Towel, sandals, water bottle, something warm to put on after the surf session for cloudy days. Waterproof sunscreen should be applied early to sun sensitive skin parts such as the head, shoulders, and tops of arms. Short sleeve wetsuits are included in the lesson, and they cover from above the knee to the neck, so no sunscreen needed there.

Ages Requirements for surf lessons:

8 to 55 years of age ~ you must be an adequate swimmer and able to paddle out through the waves.

Interested in purchasing a board? We have the areas largest selection of softboards to choose from. Please visit our shop.

*****24 HR. ADVANCE NOTICE FOR CANCELLATIONS OR RE-SCHEDULING NO EXCEPTIONS*****

Call or Text: Mike's Cell # 609-457-3812

CANCELLATION POLICY:

If you don't show up and did not cancel or reschedule your class at least 24 hours in advance, you will not receive a credit or refund. All customer advance cancellations will be issued a class credit, good for the same season. Unused credits can be used as store credit. If we have to cancel your class due to bad weather or surf conditions and cannot make a rescheduled class in the same season, you can take a class/store credit or get a refund.