

SURF LESSON INFORMATION

TEXT ALERTS: We will send out a text alert for the surfing beach location the night before your lesson. We always choose the best location for the surf conditions. **Please check your phone for early morning updates**, for possibility of cancellations or location change due to poor weather or rough surf. We will often make a location change one hour before the start of your lesson.

Location 1 (The Cove) 5-10 min walk – GPS Map address [near]: 48 Ocean Drive West, Brigantine NJ, 08203 Park on Ocean Dr. and walk directly to the beach via Pepper Cove beach entrance steps. We will be 200 yards to the right [west]. Look for the white suburban and surfboard trailer on the beach.

Location 2 (Sandy Lane) 5-10 min walk – GPS Map address: Ocean Dr. South, and Sandy Lane, Brigantine NJ, 08203 Park on Ocean Dr. and walk directly to the beach via Sandy Lane, continue straight to the nature trail [go around the chain, do not turn onto the 4x4 road] and onto the beach. Look for the white suburban and surfboard trailer by the water’s edge.

4 Wheel Drive yearly beach permit obtainable at Brigantine Civic Center at 42nd street. Call: 609-264-7350



LESSON DATES TIMES & LOCATIONS

LESSON FORMAT: 2 hours

- Apply sunscreen before you arrive for your lesson if possible. Its best to let it soak in so it doesn't make your board slippery!
- Arrive at lesson start time to sign in
- Suit up [shorty wetsuits provided for all students]
- Land lesson begins covering surfing fundamentals, such as safety, how to pop up, paddling, positioning, wave catching and falling without getting injured
- Paddle out to the surf for the rest of your lesson
- Wrap it up at the waters edge. Instructors will help you wrap up your surfboard leash and walk the boards to the trailer
- Session review with Mike at the board trailer
- Questions & Answers
- **When the ocean is flat with no wave to ride**, we still have a lot to teach you. The lesson will consist of paddling, positioning, pop-ups, balance training, reading the line-up, ocean knowledge, etc.
- **If you are keeping the board and suit for the day [only \$20 extra], please return the gear by 5pm at Primal Surf.**
- **A Parent or Guardian must accompany minors to the lesson.**

What to Bring: Towel, sandals, water bottle, something warm to put on after the surf session for cloudy days. Waterproof sunscreen should be applied early to sun sensitive skin parts such as the head, shoulders, and tops of arms. Short sleeve wetsuits are included in the lesson, and they cover from above the knee to the neck, so no sunscreen needed there.

Ages Requirements for surf lessons:

5 years of age ~ private lesson only

6 & 7 years of age ~ group or private ~ must be an adequate swimmer and able to paddle out through the waves, [may be assisted by an adult to paddle back out for group lessons, conditions permitting]

Interested in renting or purchasing a board? We have a large selection of softboards and fiberglass boards to choose from.

*****24 HR. ADVANCE NOTICE FOR CANCELLATIONS OR RE-SCHEDULING NO EXCEPTIONS*****

[10a-6p] Primal Surf 609-264-1999 / Before or after hrs. Call or text: Mike's Cell # 609-457-3812 / Susan's Cell # 609-457-3815

CANCELLATION POLICY:

When you book your lesson, we schedule an instructor. We have to pay the instructor even if the student does not show up. If you don't show up, and did not cancel your class at least 24 hours in advance, you will not receive a credit or refund. All customer advance cancellations will be issued a class credit, good for the same season. Unused credits can be used as store credit. If we have to cancel your class due to bad weather of surf conditions, and cannot make a rescheduled class in the same season, you can take a class/store credit or get a refund.